

# Vocalics

*Vocalics* refers to anything that is spoken and heard... it is, in some disciplines, a vocal exercise that allows you to utilize things like tone, pitch, volume, etc. as a means to *hearing our words afresh*.

As a spiritual discipline set, a *vocalics* exercise often looks like this:

- Focus on a short passage of Scripture
- Read aloud, repeatedly
- At a steady pace
- Adjusting the tone and pitch of words or phrases
- *Listening* intently for the Voice of our Father

In this session, we spent a good bit of time with Matthew 28: 16-17...

**“Then the eleven disciples left for Galilee, going to the mountain where Jesus had told them to go. When they saw him they worshiped him -- but some of them doubted!”**

Before continuing to Session 10, spend some time re-reading this passage aloud, in a *vocalic format*. Pause between each reading to allow God’s Spirit ample time to speak to your very soul about the state of worship in your lifestyle, as you gather with other believers, and in your Church.

You may certainly emphasize different words or phrases than we did in the presentation, but, as a help to launch the exercise, here are the ways we read the passage together:

**“Then the eleven disciples left for Galilee, going to the mountain where Jesus had told them to go. When they saw him they worshiped him -- but some of them doubted!”**

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